

English coaching for health professionals

Learn how to cure clumsy communication and put your patients at ease

Do you find it a strain dealing with your English-speaking patients?

Would you like to build trust with them, avoid misunderstandings and save time with clearer communication?

I can help you get your message across smoothly in English.

Hi, I'm Christina

I've coached, trained and taught in companies, language schools and university in Europe and New Zealand.

I've especially enjoyed working with doctors, midwives, nutritionists, nurses, paramedics, pharmacists, psychologists, psychotherapists and speech therapists from Brazil, China, Denmark, Egypt, France, Germany, India, Japan, Malaysia, the Philippines, Poland, Spain, Sudan, Ukraine, Vietnam and Zimbabwe.

Helping people master English communication skills has been my bliss for more than 20 years.

[Find about more about me](#)

How we work together to improve your English

Our first step is to diagnose which English language problems make communication with your patients or clients harder.

Before our first coaching session, you complete a short email exercise to check where your English is currently at.

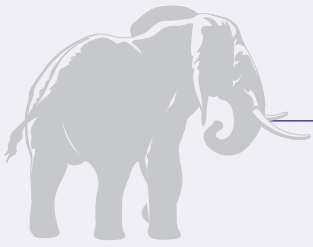
Then we have a video chat to identify the stumbling blocks that are holding you back from communicating clearly in English with your patients.

We talk about your recurring mistakes. Do you lack vocabulary in certain areas? Is finding time to practise a problem for you?

Follow a pain-free English treatment plan

Based on the diagnosis, we map out a treatment plan that fits into your busy schedule.

We decide on targeted exercises to practise key communication skills, including asking, clarifying, explaining and instructing.



If you feel awkward asking questions about mental health, we formulate a series of questions together to open up the conversation so your patient feels at ease discussing stress, anxiety or depression. Or if you find it hard to give bad news, I help you with formulating suitable phrases so you can feel more confident when explaining worrisome results.

You receive email assignments, such as express writing and dialogues, that will help you overcome your language weaknesses and polish your strengths.

If you struggle to find the right words, we train vocabulary to make remembering easier. If understanding different accents is tricky, we work on listening to a range of recordings and practise how to clarify politely. And when your pronunciation is accurate, we work on building up fluency.

Together we design the best treatment plan for your English, taking into account your work challenges and goals, your current English proficiency, and how much time you can devote to improving your English.

Cure clumsy English

You receive graded and personalised tasks to ensure you make steady progress.

We collaborate closely. I encourage and give feedback, such as on your expressions and pronunciation, plus tips how to do even better.

If your intonation is too flat, I help you highlight the important phrases to ensure you get the right message across. Or if your speaking is not clear enough, we work on slowing down to make word endings more distinct so clients comprehend your advice.

During your consultations with patients and clients, you'll be able to understand their symptoms accurately and speak clearly and concisely. You'll manage all aspects of the consultation effectively, including checking for understanding, explaining, reassuring, instructing, advising and giving bad news.

Write professional reports in English

If you need to write professional reports, we can work on that too.

We first analyse the style, tone and language of model reports to make your writing more professional.

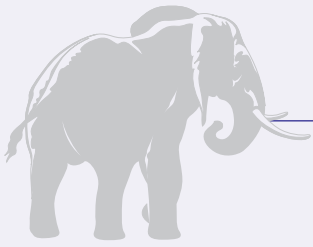
I help you identify and fix grammar and vocabulary errors to improve your written English more quickly.

By considering the purpose of each report section, you can write more clearly and concisely.

I also teach you how to edit and proofread your own work, so you'll feel comfortable checking reports on your own. Plus you'll be able to produce reports more quickly, so you'll feel more relaxed despite performing a demanding job in your second or third language.

Can't fit more into your tight schedule?

Don't worry. The coaching programme is flexible.



We work around your schedule to set the times for our regular online meetings.

I also send you brief emails with short tasks that you can do in 20 minutes via email or audio message.

And I check in with you to maintain motivation and hold you accountable.

Together we take the strain out of communicating in English so you can put your patients at ease.

Want to perform your work confidently in English?

Let's talk about how we can collaborate. A first call is free, with no obligations.

Schedule my free discovery call or email a question

This is what my clients say

You are the best teacher I have ever had.

Encouraging

I got the promotion and I couldn't have done it without your help.

I could explain to foreign patients how the appointment system works.

Now I understand!

Colleagues says it's easier to understand me now.

Supportive

Very helpful feedback

I guarantee she is the best teacher and a very well trained teacher.

I feel much more confident using English.